



ECA SCHEDULE 2023

REPTON ROSE ABU DHABI

SCHEDULE AND INFORMATION FOR TERM 3 2023
FROM 10TH APRIL TO THE 23RD OF JUNE

WHAT IS OFFERED THIS TERM?

Repton Rose AD Rose Campus FS2 to YR1 14:40pm-15:30pm	Monday	Tuesday	Wednesday	Thursday	Friday
FS2 - Y1 12pm-1pm	<i>Gymnastics</i>	<i>Karate</i>	<i>Multisports</i>		
					<i>Karate</i>
					<i>Gymnastics</i>

CALENDAR AND PRICING

Pricing for the entire term is as below:

- Monday Classes 935 AED
- Tuesday Classes 935 AED
- Wednesday Classes 935 AED
- Friday classes 850 AED

BOOKING LINK

You can sign up for all activities using the link below:

<https://bookings.gulfstarsports.com/location/128>

HOW TO REGISTER?

- All bookings **must be made online** via our booking platform. Payments must be made in advance using Credit or Debit Card.
- Sadly, we will not be accepting payments at the desk.
- Before making a booking parents must register as a user.
- Parents will be required to provide all contacts details and child details prior to making a booking.
- Parents will be able to make multiple bookings for multiple children.



Karate

Our Principles

- Discipline
- Respect
- Self Control
- Tolerance

What We Train

Students begin their journey learning the basics, but quickly learn how to perform a Kata and compete in Kumite.

How Do You Progress

All of our students will have the opportunity to work through the WKF belts grading system, with our trained Sensei's carrying out termly gradings.



Gymnastics

Who Are We and What We Do

Gulf Star offer a variety of classes from beginners to advanced level. Structured classes for boys and girls, working to British Gymnastics standards based on the British Gymnastics proficiency award scheme. Our Team is headed up by highly qualified Gymnastics coaches who are passionate about developing the skill of young gymnasts.

How Do We Coach

Gymnastics are taught fundamental skills and receive an early introduction to flexibility and stretching skills and basic techniques for moves such as rolls, handstands, cartwheels, jumps, shapes and the initial steps to the vault run up. They will have fun whilst gaining a good understanding for the sport and can make friends in a safe, friendly environment.



Multi Sport

Our Philosophy

At Gulf Star, we believe that physical fitness is an excellent indicator of health in children and a predictor of a healthier cardiovascular profile later in life, as such our program aims to introduce children to sports at a young age, and give them the basic skills required to enjoy a vast range of different sports and physical activities, with the goal of finding the right sport for every child.

What We Train

We structure the program in three different stages, being a scaled progression for the acquisition of motor movements according to the age of the students. Increasing the difficulty of each stage by introducing and mastering skills.

- Introduction stage (3-4 years old)
- Initiation stage (4-5 years old)
- Specialization stage (6-8 years old)



	Duration	Timing	Prices	Starts week	Ends week	Days Excluded
Monday	11 Weeks	2:50-3:30pm	935 AED	April 10th, 2023	June 19th, 2023	N/A
Tuesday	11 Weeks	2:50-3:30pm	935 AED	April 11th, 2023	June 20th, 2023	N/A
Wednesday	11 Weeks	2:50-3:30pm	935 AED	April 12th, 2023	June 21st, 2023	N/A

	Duration	Timing	Prices	Starts week	Ends week	Days Excluded
	10 Weeks	12:00-1:00pm	850 AED	April 10th, 2023	June 23rd, 2023	April 21st, 2023
Friday						