

# NEW YORK UNIVERSITY ABU DHABI

## MULTI-ACTIVITY

Schedule and  
information for  
NYU activities  
2022

From May 23rd -  
Jun 24th

gulf★star



# What is on offer for this term?

NYU	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9am-10am						Swimming age 5-12
9am-10am						Karate age 5-12
9am-10am						Gymnastics age 5-12
9am-10am						Football
6pm-7pm	Swimming Age 7-12 & 5-6		Swimming Age 7-12 & 5-6			
6:15pm-7:15pm	Karate Age 5-7		Karate Age 7-12			
7pm-8pm	Gymnastics Age 7-12		Gymnastics Age 5-7			
5pm-6-pm	Football		Football			

# Calendar and Pricing

Term will run from 9th May until 24th June  
2022

Pricing for entire term is as below:

- Monday Classes - 475AED
- Wednesday Classes - 475AED
- Saturday Classes - 380AED

# Booking Link

You can sign up for all activities  
using the below link;

[https://bookings.  
gulfstarsports.co  
m/location/137](https://bookings.gulfstarsports.com/location/137)



## How to register?

- All bookings must be made online via our booking platform. Payments must be made in advance using Credit or Debit Card.
- Sadly, we will not be accepting payments at the desk.
- Before making a booking parents must register as a user.
- Parents will be required to provide all contacts details and child details prior to making a booking.
- Parents will be able to make multiple bookings for multiple children.

# Karate

## Why be a Karate Kid?

Karate is the most fundamental of all martial arts disciplines and will be part of the 2020 Olympics for the first time. Classes focus on the basics of body movement, control, co-ordination, memory development and discipline. Our Sensei is a highly respected black belt 5th Dan, and will focus on progression of students and ensuring that all students enjoy the journey.



@gulf\_star\_karate



www.facebook.com/gstarkarate/

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# Karate

NYU	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00am - 10:00am						Karate age 5-12
6:15pm-7:15pm	Karate Age 5-7		Karate Age 7-12			

# Gymnastics

## Its good to be flexible.

Gymnastics specializes in developing young talent through the use of apparatus and floor disciplines. The key components to gymnastics involve students working on their flexibility, body strength, body resiliency, balance and confidence. Our Coach will support students to begin understanding how to control their bodies, stretch, whilst increasing the students confidence to take on new apparatus and more advanced challenges.





# Gymnastics

NYU	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00am - 10:00am						Gymnastics age 5-12
7pm-8pm	Gymnastics Age 7-12		Gymnastics Age 5-7			

# Swimming

Children will learn and acquire verity of aquatic skills which will help them access other water base activities such as kayaking, water polo, diving, wake boarding etc. We offer a comprehensive swimming program for all ages and abilities. Our expert teachers and coaches will guide your child through a successful journey into the swimming world.



# Swimming

NYU	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9am-10am						Swimming age 5-12
6pm-7pm	Swimming Age 7-12 & 5-6		Swimming Age 7-12 & 5-6			

# Football

## Kicking into action!

Gulf Star organise and manage football coaching sessions and competitions for young players aged 5+ all over Abu Dhabi and Dubai. Our purpose is simple: we use football to help our players develop the values to help make them the best version of themselves. Our coaching sessions are progressive and age orientated so players will be challenged at the appropriate level, with pathways for players that show talent to join our Competitive teams.



# Football

Note: Football will start until the 1st Jun

NYU	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9am-10am						Football
5pm-6-pm	Football		Football			