

25TH MARCH - 5TH APRIL 2024

جامعة نيويورك أبوظبي

NYU | ABU DHABI

MULTI ACTIVITY SPRING CAMP 2024

New York University, Saadiyat Island



Warm Welcome!!

Thank you for considering Gulf Star Sports Holiday Camps during this **Spring Break**. Please read on to find out a bit more information about the activities on offer and how to prepare your child for our camp.



ARRIVING AT CAMP

- Please note that drop off of your kids and pick up are going to be in Court 3 in front of the Athletics Office, Level 1 - building C2.

Gulf Star requests that all children be registered and collected daily by a parent or guardian (over the age of 18). **Registration must be made in advance via [this link](#)** . You can also find more information regarding this on our website.

Upon arrival at school you will be greeted by the Gulf Star team in the Foundation Reception area, and your child will be given a name badge to distinguish their individuality so they can make friends easier.

To avoid crowding we will ask parents to drop their children and leave, to reduce the number of parents on site at any one time.



CAMP SCHEDULE

Before camp starts you will be sent a schedule for the week so you know what to expect each day.

All children will participate in various activities across the day with the activities varying depending on the "theme of the day." You can see a sample program below

Gulf Star staff will be available to talk to parents should there be additional questions or extra requirements.

Your child needs to bring the following everyday:

- **2 snacks and 1 lunch for 3 breaks**
- **Enough water through out the day**
- **Old baggy T-shirt for Art**
- **Trainers or pumps (not flip flops)**

ACTIVITIES

There will be a range of activities on offer. In a typical day, you can expect your child to have at least two sports-based session, one 'calming creative' i.e. art and one 'active creative' i.e. dance or martial arts.

Activities on offer include:

football, dodgeball, gymnastics, martial arts, splash and fun (some venues), racquet sports, basketball, cricket, rugby, handball, gardening, performing arts (all kinds of dancing including hip hop for boys and girls), drama, and art. We also run team building activities throughout the week.



Example Camp Day				
	Ages 3-4	Ages 5-6	Ages 7-8	Ages 9+
Session 1	Basketball	Karate	Swimming	Football
Session 2	Football	Basketball	Karate	Swimming
Session 3	Swimming	Football	Basketball	Karate
Session 4	Karate	Swimming	Football	Basketball



SNACK TIME

Your child will have the opportunity for two snacks and one lunch throughout the day. At Gulf Star Holiday Camps, we aim to promote healthy habits and we would like to encourage your child to bring healthy, nutritious snacks.

During the camp children will not be allowed to swap food with each other and we have a 'no nuts' policy on our camps.

FINAL REMINDERS

- **Drop off from 8:30 am - 9:00 am and Pick up from 2:00 pm - 2:30 pm at the Court 3 in front of the Athletics Office - Building C2)**
- All bookings to be made through Gulf Star online booking platform on this link <https://bookings.gulfstarsports.com/camps> and should be paid in advance.
- Groups will be split by age groups and limited to 16 students per group.

