

# SPRING BREAK CAMP

جامعة نيويورك أبوظبي  
NYU | ABU DHABI



Welcome to  
**NYU Abu Dhabi**  
Spring Break Camp 2023



## Warm Welcome!!

Thank you for considering Gulf Star Holiday Camps during this Spring Break Camp. Please read on to find out a bit more information about the activities on offer and how to prepare your child for our camp.



## ARRIVING AT CAMP

- Please note that drop off of your kids and pick up are going to be in basement 1 - building C2 indoor swimming pool reception area.

Gulf Star requests that all children be registered and collected daily by a parent or guardian (over the age of 18). **Registration must be made in advance via this [link](#)** . You can also find more information regarding this on our website. [bookings.gulfstarsports.com](http://bookings.gulfstarsports.com)

Upon arrival at school you will be greeted by the Gulf Star team in the Foundation Reception area, and your child will be given a name badge to distinguish their individuality so they can make friends easier.

To avoid crowding we will ask parents to drop their children and leave, to reduce the number of parents on site at any one time.



## Camp Schedule

Before camp starts you will be sent a schedule for the week so you know what to expect each day.

All children will participate in various activities across the day with the activities varying depending on the “theme of the day.” You can see a sample program below

Gulf Star staff will be available to talk to parents should there be additional questions or extra requirements.

Your child needs to bring the following everyday:

- 2 snacks and 1 lunch for 3 breaks
- Enough water through out the day
- Old baggy T-shirt for Art
- Trainers or pumps (not flip flops)



## Activities

There will be a range of activities on offer. In a typical day, you can expect your child to have at least two sports-based session, one 'calming creative' i.e. art and one 'active creative' i.e. dance or martial arts.

Activities on offer include:

**football, dodge ball, gymnastics, martial arts, splash and fun(some venues), racquet sports, basketball, cricket, rugby, handball, gardening, performing arts (all kinds of dancing including hip hop for boys and girls), drama, and art.** We also run team building activities throughout the week.



Welcome Day				
Monday		Group 1	Group 2	Group 3
09:00-10:00	Morning Session 1	Swimming	Swimming	Dodgeball
10:00-10:15	Break			
10:15-11:15	Midday Session 1	Arts & Crafts	Ninja Warriors	Swimming
11:15-11:30	Break			
11:30-12:30	Midday Session 2	Dodgeball	Arts & Crafts	Ninja Warriors
12:30-12:45	Break			
12:45-13:45	Afternoon Session	Ninja Warriors	Dodgeball	Arts & Crafts





## Snack time

Your child will have the opportunity for two snacks and one lunch throughout the day. At Gulf Star Holiday Camps, we aim to promote healthy habits and we would like to encourage your child to bring healthy, nutritious snacks.

During the camp children will not be allowed to swap food with each other and we have a 'no nuts' policy on our camps.

## Final Reminders

- Drop off from 8:45 am - 9:00 am  
Basement by the pool area
- Pick up from 1:30 pm - 1:45 pm
- Ages 3-13 years are welcome.

