



ECA'S SCHEDULE 2022

ITALIAN INTERNATIONAL SCHOOL ABU DHABI

SCHEDULE AND INFORMATIONS FOR TERM 2 2022

STARTING FROM: JAN 16TH - MARCH 23RD



WHAT IS OFFERED THIS TERM?

IISAD	Monday	Tuesday	Wednesday	Thursday	Friday		Saturday
12:15pm - 13:15pm					Programming (All ages)		Football (Open To All)
15:15pm - 16:15pm	Swimming (KG1 & KG2)	Programming (All ages)	Fitness (All ages)	Football (KG1 & KG2)		Weekend Timings 09:00am-10:00am	Karate (Open To All)
	Football (Grade 1 +)	Swimming (Grade 1 +)	Gymnastics (All ages)	Karate (All ages)			Gymnastics (Open To All)
16:15pm - 17:15pm	Football (All ages)		Gymnastics (All ages)				Fitness (Open To All)

CALENDAR AND PRICING

TERM 2: Jan 16th - March 23rd 2023

- MONDAY CLASSES 900AED
- TUESDAY CLASSES 900AED
- WEDNESDAY CLASSES 900AED
- THURSDAY CLASSES 900AED
- FRIDAY CLASSES 800AED
- SATURDAY CLASSES 900AED

*PLEASE NOTE THAT THE PRICES ARE FOR FULL-TERM. PARENTS WILL PAY ONLY FOR THE REMAINING SESSIONS DUE TO THE DATE OF REGISTRATION.

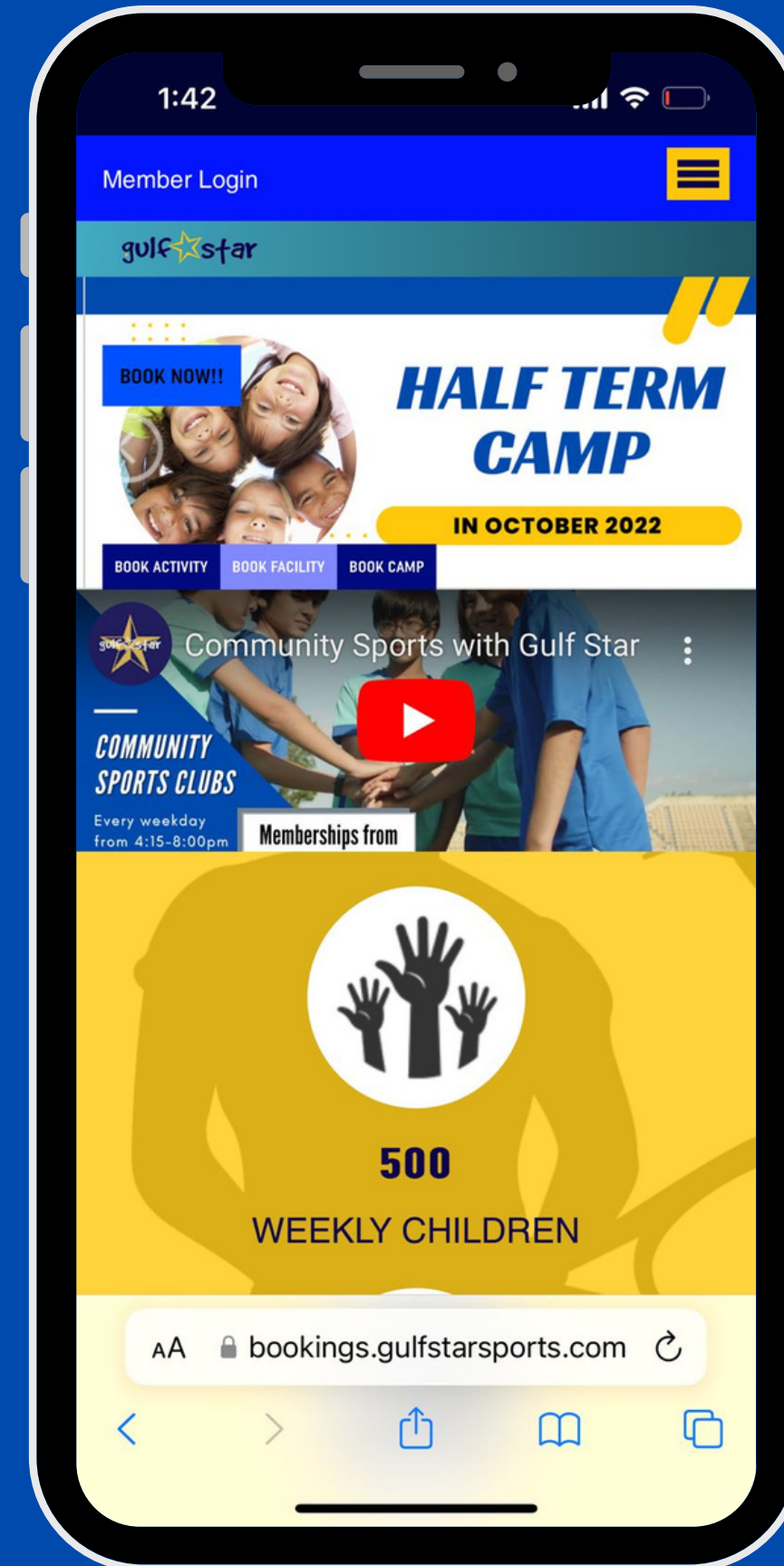
BOOKING LINK

You can sign up for all activities using the link below for all classes

[https://bookings.gulfstarsports.com/
location/306](https://bookings.gulfstarsports.com/location/306)

HOW TO REGISTER?

- All bookings must be made online via our booking platform. Payments must be made in advance using Credit or Debit Card.
- Sadly, we will not be accepting payments at the desk.
- Before making a booking parents must register as a user.
- Parents will be required to provide all contacts details and child details prior to making a booking.
- Parents will be able to make multiple bookings for multiple children.



Football

Our Philosophy

Gulf Star Football's model is based on the combination of English FA coaching and the FCBarcelona coaching academy.

Our philosophy is that of collective game culture-

- The Team
- The Player
- The Coach
- The Training
- The Game

What We Train?

We focus on the FCBarcelona coaching philosophy of Possession and Recovery stages opposed to 'attack' and 'defense'.

As part of this our training focuses on the 3 P's

- Possession
- Position
- Pressure



Karate

Our Principles

- Discipline
- Respect
- Self Control
- Tolerance

What We Train

Students begin their journey learning the basics, but quickly learn how to perform a Kata and compete in Kumite.

How Do You Progress

All of our students will have the opportunity to work through the WKF belts grading system, with our coaches carrying out termly gradings.



Gymnastics

Who Are We and What We Do?

Gulf Star offer a variety of classes from beginners to advanced level. Structured classes for boys and girls, working to British Gymnastics standards based on the British Gymnastics proficiency award scheme. Our Team is headed up by highly qualified Gymnastics coaches who are passionate about developing the skill of young gymnasts.

what we train?

Gymnastics are taught fundamental skills and receive an early introduction to flexibility and stretching skills and basic techniques for moves such as rolls, handstands, cartwheels, jumps, shapes and the initial steps to the vault run up. They will have fun whilst gaining a good understanding for the sport and can make friends in a safe, friendly environment.



Fitness

What is Fitness?

Physical fitness can be defined as a general state of health and well-being.

It's a combination of running, jumping, playing! It focuses on developing the fundamental attributes required for movement including: balance, strength, dynamism, endurance, precision, spatial awareness and creative vision. The classes are fun, energetic, and constantly creative, and encourage everyone to fulfill their true potential!

what we train?

Our coaches teach kids how to do push-ups, stomach crunches, pull-ups, and other exercises to help tone and strengthen muscles. They also improve their strength when they climb, do a handstand, or wrestle.



Swimming

Neptune Swim Academy

Who Are We and What We Do?

At Neptune Swimming, we believe that you are never too young to enjoy the water. We will introduce your toddler or preschooler to the basics of swimming, accompanying them during their primary education stage.

Each level proposed has been created with the child's natural growth and development in mind based on programs of North American organizations. We recognize that each student is unique therefore we encourage learning at their own pace with the aim that all students reach their potential.

What we train?

Neptune Academy programs have been designed in a way that caters to various ages and each one's abilities in the water.

Preschool swimming lessons (3-5 years old)

Learn to Swim (6-12 years old)



Programming

Are you ready to be a Wizkid?

Programming Incorporates all the essential skills that modern day developers use to create software technology.

What The Course includes:

Web, Design, App Development, Game, Development, and 3D Design. Students will also learn key program languages such as Python and Javascript.



	Duration	Timing	Prices	Starts week	Ends week	Days Excluded
Monday	9 Weeks	3:15-4:15pm	900 AED	Jan 16th, 2023	March 20th, 2023	Feb 13th, 2023
Tuesday	9 Weeks	3:15-4:15pm	900 AED	Jan 17th, 2023	March 21st, 2023	Feb 14th, 2023
Wednesday	9 Weeks	3:15-4:15pm	900 AED	Jan 18th, 2023	March 22nd, 2023	Feb 15th, 2023

*PLEASE NOTE THAT THESE PRICES ARE FOR FULL-TERM. PARENTS WILL PAY ONLY FOR THE REMAINING SESSIONS DUE TO THE DATE OF REGISTRATION.

	Duration	Timing	Prices	Starts week	Ends week	Days Excluded
Thursday	9 Weeks	3:15-4:14pm	900 AED	Jan 19th, 2023	March 23rd, 2023	Feb 16th, 2023
Friday	8Weeks	12:15-1:15pm	800 AED	Jan 20th, 2023	March 23rd, 2023	Feb 17th, 2023
Saturday	9 Weeks	09:00-10:00am	900 AED	Jan 21st, 2023	March 18th, 2023	-----